

TESTING AND PREVENTIVE ISOLATION

FOR A CHILD IDENTIFIED AS A CONTACT * OF A CONFIRMED COVID-19 CASE

This tool is designed to help you make an informed decision about getting a test for your child who came in contact with a confirmed COVID-19 case. Recommendations are the same for contacts of cases of COVID variants and non-variants.

Public health strongly recommends having your child tested, but this is not mandatory. However, **before returning to school, your child must stay in preventive isolation for 10 days.** Preventive isolation involves staying at home and observing physical distancing with other members of your household.

Keeping your child in preventive isolation and getting them tested are the best ways to protect other people.



? Why get tested?

- To determine if your child has COVID-19 (confirmed case)
- To help stop the spread of COVID-19 in your environment and at school
- To protect your community and vulnerable individuals
 - people aged 70 or over
 - people with weakened immune systems
 - people with chronic diseases or other risk factors

DEFINITIONS:

- A **confirmed COVID-19 case** is someone who has COVID-19 and who had a test done in a Designated Screening Centre (CDD) that came back positive. **The person must self-isolate for 10 full days from the date of the test or from when symptoms began.**
- A **contact* of a confirmed COVID-19 case** is someone who has been in contact with a confirmed COVID-19 case. **A contact who is protected does not have to self-isolate; however, if unprotected, the contact must self-isolate for 10 full days from the date of the most recent contact with the confirmed case.**

* contact instructed to isolate

PROTECTION STATUS

A person is considered to be **PROTECTED** if they meet **one** of the following criteria:

- The person has had COVID-19 in the past 6 months; OR
- The person has had COVID-19 more than 6 months ago and then received 1 dose of vaccine. The person must have received the vaccine at least 7 days before the initial contact; OR
- The person has received 2 doses of Pfizer, Moderna or AstraZeneca vaccine. The person must have received the second dose at least 7 days before the initial contact; OR
- The person has received 1 dose of Johnson & Johnson vaccine. The person must have received the vaccine at least 14 days before the initial contact.

A person is considered to be **UNPROTECTED** if he or she:

- is immunosuppressed, OR
- does not meet the criteria listed above.

My child (considered unprotected) has been IN CONTACT with a confirmed case of COVID-19 and has been instructed to isolate.

