

## TESTING AND PREVENTIVE ISOLATION

# FOR A CHILD IDENTIFIED AS A CONTACT \* OF A CONFIRMED COVID-19 CASE

This tool is designed to help you make an informed decision about getting a test for your child who came in contact with a confirmed COVID-19 case. Recommendations are the same for contacts of cases of COVID variants and non-variants.

Public health strongly recommends having your child tested, but this is not mandatory. However, **before returning to school, your child must stay in preventive isolation for 10 days.** Preventive isolation involves staying at home and observing physical distancing with other members of your household.

**Keeping your child in preventive isolation and getting them tested are the best ways to protect other people.**



### ? Why get tested?

- To determine if your child has COVID-19 (confirmed case)
- To help stop the spread of COVID-19 in your environment and at school
- To protect your community and vulnerable individuals
  - people aged 70 or over
  - people with weakened immune systems
  - people with chronic diseases or other risk factors

### DEFINITIONS:

- A **confirmed COVID-19 case** is someone who has COVID-19 and who had a test done in a Designated Screening Centre (CDD) that came back positive. **The person must self-isolate for 10 full days from the date of the test or from when symptoms began.**
- A **contact\* of a confirmed COVID-19 case** is someone who has been in contact with a confirmed COVID-19 case. **A contact who is protected does not have to self-isolate; however, if unprotected, the contact must self-isolate for 10 full days from the date of the most recent contact with the confirmed case.**

\* contact instructed to isolate

### PROTECTION STATUS

A person is considered to be **PROTECTED** if they meet **one** of the following criteria:

- The person has had COVID-19 in the past 6 months; OR
- The person has had COVID-19 more than 6 months ago and then received 1 dose of vaccine. The person must have received the vaccine at least 7 days before the initial contact; OR
- The person has received 2 doses of Pfizer, Moderna or AstraZeneca vaccine. The person must have received the second dose at least 7 days before the initial contact; OR
- The person has received 1 dose of Johnson & Johnson vaccine. The person must have received the vaccine at least 14 days before the initial contact.

A person is considered to be **UNPROTECTED** if he or she:

- is immunosuppressed, OR
- does not meet the criteria listed above.

**My child (considered unprotected) has been IN CONTACT with a confirmed case of COVID-19 and has been instructed to isolate.**

